Brief Itinerary for Isles of Scilly 2022

Described as a sea kayaker’s paradise, the Isles of Scilly are the jewel in the crown of UK kayaking destinations. This archipelago of over a hundred islands, five of which are inhabited, lies 26 miles off the tip of Cornwall, and provides a haven of sheltered, crystal clear water, white beaches and home to unique flora and fauna.

The six-day Scilly Kayak Challenge will enable participants to experience the magic of this environment, (observing seal colonies, kelp forests, and abundant marine life) while progressing with their sea kayaking skills and raising funds for MCS.

The Challenge will be guided by Nick Arding and Mark Meardon - both highly experienced sea kayak guides.

**Day 1:** Depart on the *Scillonian* ferry from Penzance early morning, arriving at the main island of St Mary’s at lunchtime. We will shop for food, and then take the small ferry to the campsite on St Martin’s. This is a beautiful island, with no roads, stunning beaches, a bakery, pub and shop.

**Days 2 – 5:** We will kayak each day from St Martin's exploring the numerous islands, accompanied by seals and viewing the huge variety of bird life. Depending on weather conditions, the team can kayak to outer islands and experience the Atlantic swell. On one evening there may the chance to go for an evening paddle, returning to the beach as darkness falls. Within the six-day trip we will clean beaches, and chat about the pollution and litter problems that affect our marine environment.

**Day 6:** We will pack up and kayak back to St Mary's, journeying via the islands, before boarding the *Scillonian* at 2.30pm to arrive back at Penzance at approximately 5.15pm.